# SB3107

Measure Title: RELATING TO CHRONIC HEALTH CONDITIONS.

Report Title: Substance Use; Chronic Conditions; Homelessness; Peer

Mentors; Case Managers; Referral; Appropriations (\$)

Appropriates funds for programs to help persons suffering

from multiple chronic conditions, including coordinated

Description: treatment, centralized referral, case managers, and peer

mentors.

Companion:

Package: None

Current

CPH, WAM

Referral:

BAKER, HARIMOTO, K. RHOADS, S. Chang, English,

Introducer(s): Galuteria, Keith-Agaran, Kim, Nishihara, Riviere, Ruderman,

Taniguchi, Wakai



## STATE OF HAWAII DEPARTMENT OF HEALTH

P. O. Box 3378 Honolulu, HI 96801-3378 doh.testimony@doh.hawaii.gov

## Testimony COMMENTING on H.B. 3107 RELATING TO CHRONIC HEALTH CONDITIONS

#### SENATOR ROSALYN H. BAKER, CHAIR SENATE COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Hearing Date: February 8, 2018 Room Number: 229

- 1 **Fiscal Implications:** Not determined.
- 2 **Department Testimony:** The Department of Health (DOH) appreciates the intent of this bill to
- 3 appropriate additional funding to treat prople with multiple chronic conditions, including mental
- 4 health disorders, substance use and homelessness. The State's efforts to address homelessness
- 5 are led by the Governor's Coordinator on Homelessness (Coordinator). The DOH continues to
- 6 follow the lead of the Coordinator to ensure that efforts are synchronized in support of the State's
- 7 comprehensive framework to address homelessness across the system of care. The framework
- 8 includes focus of efforts on three primary leverage points affordable housing, health and
- 9 human services, and public safety. This measure contains appropriations aimed at resourcing
- activities to conduct outreach to individuals and families with multiple chronic conditions which
- align with plans developed between the DOH and the Coordinator. The DOH recognizes that
- 12 additional resources may be necessary to expand services especially to target groups like
- homeless persons with addiction to drugs or alcohol and individuals with severe mental illness.
- 14 The DOH asks the Legislature's support of the Governor's Executive Budget request which
- includes appropriations to the DOH for outreach services to people with substance use disorders
- who are chronically homelessness. The DOH requests that any appropriations resulting from this
- bill do not supplant or replace priorities requested in the Executive Budget.
- 18 Thank you for the opportunity to provide testimony.

<u>SB-3107</u> Submitted on: 2/2/2018 10:38:44 AM

Testimony for CPH on 2/8/2018 8:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing	
Lisa Cook	Ku Aloha Ola Mau	Support	No	1

Comments:



# SB3107 Multiple Conditions, case Management, Cetralized Referral, Peer Mentoring

COMMITTEE ON COMMERCE. CONSUMER PROTECTION AND HEALTH:

- Senator Rosalyn Baker, Chair; Senator Jill Tokuda, Vice Chair
- Thursday, February 8th, 2018: 8:30 am
- Conference Room 229

# HAWAII SUBSTANCE ABUSE COALITION (HSAC) Supports SB3107:

GOOD MORNING CHAIR, VICE CHAIR AND DISTINGUISHED COMMITTEE MEMBERS. My name is Alan Johnson. I am the current chair of the Hawaii Substance Abuse Coalition (HSAC), a statewide hui of almost 40 non-profit alcohol and drug treatment and prevention agencies.

#### PART II Multiple chronic Illnesses.

Substance abuse providers can treat chronic to severe homeless as well as high utilizers of emergent care and people with multiple ( $\geq 2$ ) chronic conditions (MCC). These chronic illnesses—defined as "conditions that last a year or more and require ongoing medical attention and/or limit activities of daily living" including a broad array of behavior conditions, such as substance use and addiction disorders, coupled with mental illnesses and/or comorbidity physical illnesses, such as arthritis, asthma, chronic respiratory conditions, diabetes and its complications, heart disease, human immunodeficiency virus infection, and hypertension.

Substance use disorder treatment centers need staffing changes to engage M.D./psychiatric oversight with a medical team of nurses and physician assistants, and others working with licensed and non-licensed counselors. This model needs payment reform and systemic changes and if done, has proven to be effective for outcomes and can contribute to bending the cost curve.

#### PART III Centralized Referral Services

The State has implemented a centralized - one number to call - referral system for its SBIRT grant (primary care screens patients for substance misuse, intervenes and if needed, refers to treatment). A major plan in the state's Hawaii Opioid Initiative: A Statewide Response Plan is to continue the state-wide referral system, which will address all drug abuse as well as opioid use disorders. The Department of Health: Alcohol and Drug Abuse Division (ADAD) is contracting for this service and needs resources to develop services that is only temporarily funded by federal resources. This plan would extend a single source referral system to neighbor islands as well, not just Oahu.

#### PART IV Case Management

Chronic homeless with chronic substance abuse are small in number but they are huge utilizers of medical resources and the most difficult to remove from the streets. They are also one of the most visible to community. Case managers, who have been trained in a

formal treatment programs, have the high end skills to most effectively help with people who have chronic homeless coupled with substance use disorders. Such case managers can be transitional to engage people, help outreach workers to get patients to access treatment as well as help when people transition to lower levels of care. After that, homeless supporters can continue with helping people who have been treated for substance use disorders to access other services including housing first. The Department of Health has implemented case management in their new contracts starting November 2017; however there was no funding so agencies have to sacrifice residential and outpatient treatment to do so, which the effect is that case management services are not fully utilized because they need more resources specifically for case management.

#### PART V Peer Mentoring

Peer mentoring is a national best practice that brings community together with government resources to greatly improve outcomes. In Hawaii, Peer Mentoring hasn't been funded yet; however, a 4 year pilot project funded by Aloha United Way for Hina Mauka, has produced great results. Peer Mentoring involves volunteers who have recovery experiences and/or people with education in a related field (including college students) who volunteer for 6 months to help people in treatment or just out of treatment to navigate systems, especially doctor care, family issues, job searches, and connect with self-recovery support groups. A paid staff supervises and trains the volunteers as well as manages any challenges. Volunteers can receive stipends or in some cases are paid staff. Funding covers the supervisor, training and stipends. We need community support if we are ever going to address this huge problem.

#### **Summary**

Substance use disorders is treatable but we must evolve our services and programs to keep abreast of evolving practices. Moreover, substance misuse is huge in America while chronic addiction is very expensive if not treated. Given the crisis with healthcare costs going out of sight, we must start now to invest in better practices. We must change the way we think about, talk about and do about substance abuse problems.

We appreciate the opportunity to provide testimony and are available for questions.

<u>SB-3107</u> Submitted on: 2/6/2018 9:09:44 AM

Testimony for CPH on 2/8/2018 8:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Hannah Preston-Pita	Big Island Substance Abuse Council	Support	No

Comments:

<u>SB-3107</u> Submitted on: 2/6/2018 10:16:26 AM

Testimony for CPH on 2/8/2018 8:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing	
Ollie Ocampo	Hina Mauka	Support	No	

Comments:

I approve this bill.

### SB-3107

Submitted on: 2/6/2018 1:19:59 PM

Testimony for CPH on 2/8/2018 8:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Cynthia Santiago	Ohana Makamae, Inc.	Support	No

#### Comments:

My name is Cynthia Santiago, I have been serving in the Behavioral Health field for 29 years, on various capacities, including the oversight of government contracts for Substance Abuse Treatment and Prevention services.

I am in complete agreement with funding the Department of Health in the areas indicated by this bill. Without appropriate funding it is impossible to make a significant difference in the state that our State (and country) finds itself in. Drug abuse is at epidemic proportions, it is up to the citizens to properly address this crisis. Properly addressing this crisis comes in the form of treatment, housing, case management, and other important services that this bill would help attend to.

Please vote yes on this bill, as it will ensure that something is getting done at the State level, with sufficient funds with which these matters need to be addressed.

Thank you sincerely,

Cynthia Santiago



#### **Life Foundation & The CHOW Project**

677 Ala Moana Boulevard, Suite 226 Honolulu, HI 96813 (808) 521-2437 | (808) 853-3292



#### TESTIMONY IN SUPPORT OF SB 3107: RELATING TO CHRONIC HEALTH CONDITIONS

TO: Senator Rosalyn Baker, Chair; Senator Jill Tokuda, Vice Chair; Senate Committee on

Commerce, Consumer Protection, and Health

FROM: Heather Lusk, Executive Director, CHOW Project

Hearing: Thursday, February 8, 2018 8:30 AM Conference Room 229, State Capitol

Dear Chair Baker, Vice Chair Tokuda, and members of the Committee on Commerce, Consumer Protection, and Health:

I thank you for this opportunity to testify in **strong support** of SB 3107 relating to chronic health conditions.

Due to the findings which indicate that a small percentage of patients consume a disproportionate amount of healthcare resources, a series of changes are critical to the more effective provision of resources related to multiple chronic health conditions. More specifically, SB 3107 appropriates funds for the treatment of people with multiple chronic conditions including but not limited to mental health disorders, substance use disorders, and homelessness.

SB 3107 offers a robust five-part approach to meet the needs of individuals with multiple chronic conditions:

- Part I emphasizes the soaring price of healthcare, largely due to the a lack of coordinated services to address the needs of individuals with multiple chronic conditions.
- Part II highlights the necessity for comprehensive treatment which engages specialized professionals such as M.D.'s and psychiatry for oversight in establishing an integrated continuum of services to meet diverse chronic health conditions.
- Part III brings attention to the Hawaii Opioid Initiative: A Statewide Response Plan's commitment to retaining and implementing the SBIRT state wide referral system.
- Part IIII illuminates data that reveals the chronically homeless as 16 percent of the total homeless population but consumers of half of the resources. Data further reveals that two thirds of the homeless population have a substance use disorder or other chronic condition. Fortunately, there are case management programs which have been

- developed to address these needs, but without vital funding these essential programs risk becoming ineffective.
- Part V brings attention to peer mentoring as a national best practice that brings community
  together with government resources to greatly improve outcomes for individuals struggling with
  chronic health conditions.

In summary, I appreciate the opportunity to provide testimony for SB 3107 which offers a comprehensive, innovative approach to address the needs of individuals with multiple treatable chronic health conditions, which will have a lasting impact in our state.

Sincerely

Executive Director

CHOW Project + Life Foundation

### **HAWAII SUBSTANCE ABUSE COALITION (HSAC) Supports SB3107:**

GOOD MORNING CHAIR, VICE CHAIR AND DISTINGUISHED COMMITTEE MEMBERS. My name is Alan Johnson. I am the current chair of the Hawaii Substance Abuse Coalition (HSAC), a statewide hui of almost 40 non-profit alcohol and drug treatment and prevention agencies.

#### PART II Multiple chronic Illnesses.

Substance abuse providers can treat chronic to severe homeless as well as high utilizers of emergent care and people with multiple (≥2) chronic conditions (MCC). These chronic illnesses—defined as "conditions that last a year or more and require ongoing medical attention and/or limit activities of daily living" including a broad array of behavior conditions, such as substance use and addiction disorders,

coupled with mental illnesses and/or comorbidity physical illnesses, such as arthritis, asthma, chronic respiratory conditions, diabetes and its complications, heart disease, human immunodeficiency virus infection, and hypertension.

Substance use disorder treatment centers need staffing changes to engage M.D./psychiatric oversight with a medical team of nurses and physician assistants, and others working with licensed and non-licensed counselors. This model needs payment reform and systemic changes and if done, has proven to be effective for outcomes and can contribute to bending the cost curve.

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The State has implemented a centralized - one number to call - referral system for its SBIRT grant (primary care screens patients for substance misuse, intervenes and if needed, refers to treatment). A major plan in the state's Hawaii Opioid Initiative: A Statewide Response Plan is to continue the statewide referral system, which will address all drug abuse as well as opioid use disorders. The Department of Health: Alcohol and Drug Abuse Division (ADAD) is contracting for this service and needs resources to develop services that is only temporarily funded by federal resources. This plan would extend a single source referral system to neighbor islands as well, not just Oahu.

#### PART IV Case Management

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#### PART V Peer Mentoring

Peer mentoring is a national best practice that brings community together with government resources to greatly improve outcomes. In Hawaii, Peer Mentoring hasn't been funded yet; however, a 4 year pilot project funded by Aloha United Way for Hina Mauka, has produced great results. Peer Mentoring involves volunteers who have recovery experiences and/or people with education in a related field (including college students) who volunteer for 6 months to help people in treatment or just out of treatment to navigate systems, especially doctor care, family issues, job searches, and connect with self-recovery support groups. A paid staff supervises and trains the volunteers as well as manages any challenges. Volunteers can receive stipends or in some cases are paid staff. Funding covers the supervisor, training and stipends. We need community support if we are ever going to address this huge problem.

#### **Summary**

Substance use disorders is treatable but we must evolve our services and programs to keep abreast of evolving practices. Moreover, substance misuse is huge in America while chronic addiction is very expensive if not treated. Given the crisis with healthcare costs going out of sight, we must start now to

invest in better practices. We must change the way we think about, talk about and do about substance abuse problems.

We appreciate the opportunity to provide testimony and are available for questions.



Founded in 1865

William Booth

Andre Cox General

Kenneth Hodder Territorial Commander

John Chamness Lani Chamness Divisional Leaders

Melanie Boehm Executive Director

## The Salvation Army

Addiction Treatment Services and Family Treatment Services

2-7-18

### SB3107 Multiple Conditions, Case Management, Centralized Referral. Peer Mentoring

COMMITTEE ON COMMERCE, CONSUMER PROTECTION AND HEALTH:

- Senator Rosalyn Baker, Chair; Senator Jill Tokuda, Vice Chair
- Thursday, February 8th, 2018: 8:30 am
- Conference Room 229

### The Salvation Army Addiction Treatment Services and Family **Treatment Services Supports SB3107:**

#### PART II Multiple Chronic Illnesses.

Substance abuse providers can treat chronic to severe homeless as well as high utilizers of emergent care and people with multiple  $(\geq 2)$  chronic conditions (MCC). These chronic illnesses—defined as "conditions that last a year or more and require ongoing medical attention and/or limit activities of daily living" including a broad array of behavior conditions, such as substance use and addiction disorders, coupled with mental illnesses and/or comorbidity physical illnesses, such as arthritis, asthma, chronic respiratory conditions, diabetes and its complications, heart disease, human immunodeficiency virus infection, and hypertension.

Substance use disorder treatment centers need staffing changes to engage M.D./psychiatric oversight with a medical team of nurses and physician assistants, and others working with licensed and non-licensed counselors. This model needs payment reform and systemic changes and if done, has proven to be effective for outcomes and can contribute to bending the cost curve.

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**Addiction Treatment Services** 

**Family Treatment Services** 

845 22<sup>nd</sup> Avenue • Honolulu, Hawai'i 96816 • Tel: (808) 732-2802 • Fax: (808) 734-7470 Visit us at: www.SalvationArmyHawaii.org





DOING THE

Founded in 1865

William Booth

Andre Cox General

Kenneth Hodder

John Chamness Lani Chamness Divisional Leaders

Melanie Boehm

Executive Director

## The Salvation Army

Addiction Treatment Services and Family Treatment Services

in a formal treatment programs, have the high-end skills to most effectively help with people who have chronic homeless coupled with substance use disorders. Such case managers can be transitional to engage people, help outreach workers to get patients to access treatment as well as help when people transition to lower levels of care. After that, homeless supports can continue with helping people who have been treated for substance use disorders to access other services including Housing First options. The Department of Health implemented case management in their new contracts starting November 2017; however, there was no additional funding for this service so agencies sacrifice residential and outpatient treatment to fund case management. The effect is that case management services are not fully utilized because more resources are needed specifically for case management.

#### PART V Peer Mentoring

Peer mentoring is a national best practice that brings community together with government resources to greatly improve outcomes. In Hawaii, Peer Mentoring hasn't been funded yet; however, a 4-year pilot project funded by Aloha United Way for Hina Mauka, has produced great results. Peer Mentoring involves volunteers who have recovery experiences and/or people with education in a related field (including college students) who volunteer for 6 months to help people in treatment or just out of treatment to navigate systems, especially doctor care, family issues, job searches, and connect with self-recovery support groups. A paid staff supervises and trains the volunteers as well as manages any challenges. Funding covers the supervisor, training and stipends to peer mentors. This approach provides much needed community support to address this huge problem.

#### **Summary**

Substance use disorders are treatable but we must update our services and programs to keep abreast of evolving and more effective practices. Moreover, substance misuse in Hawaii is a big problem while chronic addiction is very expensive if not treated. Given the crisis with healthcare costs, we must start now to invest in better practices. We must update the way we treat those with substance use disorders.

Thank you for the opportunity to provide testimony on this bill.

Sincerely,

Melanie T. Boehm MA, LMHC, CSAC Executive Director ATS-FTS



### SB-3107

Submitted on: 2/8/2018 6:44:05 AM

Testimony for CPH on 2/8/2018 8:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Heather Lusk	Hawaii Advisory Com. Drugs & Controlled Substances	Support	Yes

#### Comments:

Dear Chair Baker, Vice Chair Tokuda, and members of the Committee on Commerce, Consumer Protection, and Health:

Thank you for this opportunity to testify in strong support of SB 3107 relating to chronic health conditions on behalf of the Hawaii Advisory Commission on Drugs and Controlled Substances. (HACDACs)

Due to the findings which indicate that a small percentage of patients consume a disproportionate amount of healthcare resources, a series of changes are critical to the more effective provision of resources related to multiple chronic health conditions. More specifically, SB 3107 appropriates funds for the treatment of people with multiple chronic conditions including but not limited to mental health disorders, substance use disorders, and homelessness.

SB 3107 offers a robust five-part approach to meet the needs of individuals with multiple chronic conditions:

- Part I emphasizes the soaring price of healthcare, largely due to the a lack of coordinated services to address the needs of individuals with multiple chronic conditions.
- Part II highlights the necessity for comprehensive treatment which engages specialized professionals such as M.D.'s and psychiatry for oversight in establishing an integrated continuum of services to meet diverse chronic health conditions.
- Part III brings attention to the Hawaii Opioid Initiative: A Statewide Response Plan's commitment to retaining and implementing the SBIRT state wide referral system.
- Part IIII illuminates data that reveals the chronically homeless as 16 percent of
  the total homeless population but consumers of half of the resources. Data
  further reveals that two thirds of the homeless population have a substance use
  disorder or other chronic condition. Fortunately, there are case management
  programs which have been developed to address these needs, but without vital
  funding these essential programs risk becoming ineffective.

• Part V brings attention to peer mentoring as a national best practice that brings community together with government resources to greatly improve outcomes for individuals struggling with chronic health conditions.

All of these are aligned with HACDACs recommendations and thank you for the opportunity to testify.

THE SENATE

THE TWENTY-NINTH LEGISLATURE 2018

To: COMMERCE, CONSUMER PROTECTION, AND HEALTH

Sen. Rosalyn H. Baker, Chair

Sen. Jill N. Tokuda, Vice Chair

Committee members

HEARING: Thrusday, February 8, 2018 at 8:30am, Conference Room 229

RE: Testimony in **SUPPORT** of SB3107: RELATING TO CHRONIC HEALTH CONDITIONS.

My name is Rozcel Cezna Santos, I am a graduate student at The Univeristy of Hawaii at Manoa, a Masters student under the Myron B. Thompson School of Social Work. I come before you to show my support for SB3107. As the bill mentions, mental illness and substance abuse are rarely addressed in connection with other chronic conditions. However it is necessary to confront co-occurrence of all conditions to ensure that all aspects of these individuals' lives are met. This population would benefit from target intervention models led by a professionally trained multidisciplinary team to help coordinate care and access to services. Newly immersed in the social work field I have seen how multiple chronic conditions have affected, not only individuals, but entire families as well. With appropriate funds this bill can specifically serve those stuck in the cycle of substance use. Having highly trained case mangers explicitly for substance use and mental illness can better help homeless individuals and their families to gain access to housing which they would otherwise have difficulty accessing. I support this bill as it is the next step in improving health care and social services for this population and the generations to come.

Respectively,

Rozcel Cezna Santos

THE SENATE

THE TWENTY-NINTH LEGISLATURE 2018

To: COMMERCE, CONSUMER PROTECTION, AND HEALTH

Sen. Rosalyn H. Baker, Chair

Sen. Jill N. Tokuda, Vice Chair Committee members

HEARING: Thursday, February 8, 2018 at 8:30am, Conference Room 229

RE: Testimony in **SUPPORT** of SB3107: RELATING TO CHRONIC HEALTH

CONDITIONS.

Good morning Senator Rosalyn H. Baker, Senator Jill N. Tokuda and committee. My

name is Sharon Serrano, a Master of Social Work student at the University of Hawaii at Manoa.

The issues mentioned in this bill are costly to our state and preventative and supportive measures

would be beneficial for both the community and state. I am writing this letter in support of Bill

#3107.

I have worked as a receptionist for a psychiatric office for 10 years and have witnessed

the benefits of case management for a person living with mental illness, substance abuse and

homelessness. This population would benefit from a treatment model that includes a

multidisciplinary team that can support a person by coordinating care and assistance with

accessing services. With this additional support, I believe there would be a decrease in in-patient

hospitalizations, crises could be diverted, people would be adherent to medications and medical

appointments. Allocating funds to a supportive team that is knowledgeable and skilled with

tailored interventions is crucial to successful outcomes with the population listed.

Respectively,

Sharon Serrano

#### Raquel L. Curtis

Master of Social Work Student Hawai'i Pacific University Rcurtis2@my.hpu.edu

## TESTIMONY IN SUPPORT OF SB 3107: RELATING TO CHRONIC HEALTH CONDITIONS

TO: Senator Rosalyn Baker, Chair; Senator Jill Tokuda, Vice Chair; Senate

Committee on Commerce, Consumer Protection, and Health

FROM: Raquel L. Curtis, Policy Intern, The CHOW Project

Hearing: Thursday, February 8, 2018 8:30 AM Conference Room 229, State Capitol

Dear Chair Baker, Vice Chair Tokuda, and members of the Committee on Commerce, Consumer Protection, and Health:

I thank you for this opportunity to testify in **strong support** of SB 3107 relating to chronic health conditions.

Due to the findings which indicate that a small percentage of patients consume a disproportionate amount of healthcare resources, a series of changes are critical to the more effective provision of resources related to multiple chronic health conditions. More specifically, SB 3107 appropriates funds for the treatment of people with multiple chronic conditions including but not limited to mental health disorders, substance use disorders, and homelessness. As an intern at The CHOW Project I regularly engage with participants experiencing difficulties associated with multiple chronic health conditions and see a real need for a solution to this complex issue.

SB 3107 offers a robust five-part approach to meet the needs of individuals with multiple chronic conditions:

- Part I emphasizes the soaring price of healthcare, largely due to the lack of coordinated services to address the needs of individuals with multiple chronic conditions.
- Part II highlights the necessity for comprehensive treatment which engages specialized
  professionals such as M.D.'s and psychiatry for oversight in establishing an integrated
  continuum of services to meet diverse chronic health conditions.
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- or other chronic condition. Fortunately, there are case management programs which have been developed to address these needs, but without vital funding these essential programs risk becoming ineffective.
- Part V brings attention to peer mentoring as a national best practice that brings community together with government resources to greatly improve outcomes for individuals struggling with chronic health conditions.

In summary, I appreciate the opportunity to provide testimony for SB 3107 which offers a comprehensive, innovative approach to address the needs of individuals with multiple treatable chronic health conditions, and will have a lasting impact in our state.

Raquel L. Curtis
<a href="Rcurtis2@my.hpu.edu">Rcurtis2@my.hpu.edu</a>
Hawai'i Pacific University